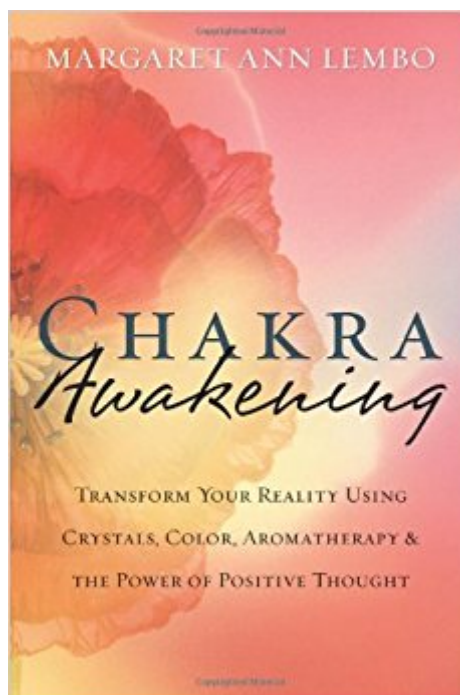




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# **Chakra Awakening: Transform Your Reality Using Crystals, Color, Aromatherapy & The Power Of Positive Thought**



## Synopsis

It is possible to design your own reality and live each day with prosperity, joy, and complete health. With gemstones, crystals, and the power of focused intent, you can transform your life using the amazing energy within the chakras. Drawing on ancient spiritual wisdom and the law of attraction, this practical guide shows you how to activate and balance the seven main chakra energy centers in the body that influence everything from migraines and fertility to creative expression and intuition. Perform simple techniques using gems, crystals, colors, essential oils, and other effective tools to foster healing and create positive change for your physical, emotional, and spiritual well-being. Chakra Awakening includes color photos of more than seventy gemstones, plus step-by-step exercises to help you bring true balance to every facet of your life.

Identify areas that may need adjustment  
Clear negative energy  
Align each of your chakras  
Create sacred space with sound and herbs

Praise: "This book can truly help you balance all of your chakras (and your life) with ease and joy!"

DENISE LINN,  
BESTSELLING AUTHOR OF SACRED SPACE

## Book Information

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## Customer Reviews

Margaret Ann Lembo is the author of Chakra Awakening; The Essential Guide to Crystals, Minerals and Stones; The Angels & Gemstone Guardians Cards; Color Your Life with Crystals; and seven spoken audio CDs. She is the creator of a line of award-winning Aroma-Energetic Sprays, including Smudge in Spray and the seven Chakra Sprays. She is a spiritual entrepreneur and

practitioner, aromatherapist, and the owner of The Crystal Garden – a book store, gift store, and spiritual center in southeast Florida.

I have finished Chakra Awakening. I must say it is one of the BEST books I have read on the subject. I have several dozen books on Chakras and Crystals .. Yours has everything and the combinations of crystals as well as affirmations, not to mention deeper levels of healing crystals as we are all different in our..manifestations..is wonderful...I am a Reiki Master and this is a valuable addition to my library and will help me as I grow on my Path! THANK YOU ..I HIGHLY recommend this book to any one..whether new to the subject or Advanced on their Path!!!!

I purchased this for my Kindle and love this book - I am totally a novice with Chakra but found the book very easy to understand - packed with lots of information about candles stones and aroma therapy - I started small with the stones first and went back to add candles next - will work with aromatherapy when I feel more comfortable - definitely feel a shift in my life and my outlook - THANK YOU!

We have followed Margaret Lembo for some time. This book is full informative content and will teach you about new things about oils, minerals and guides. A must read.

As a beginner into metaphysical practices, Ms. Lembo makes learning about the tools a lot easier because she writes in an easy style in which to understand its principles. The chapters are well organized and full of takeaways with practical exercises.

Very informative book, that is easy to read and to use as a fun reference book for my home library. I am a very happy reader!

This book is very impressive with tons of info.

I was eagerly awaiting the advent of this book, since its author, Margaret Ann Lembo, is such a respected (and even beloved) contributor to the world of spiritual development. The book did not disappoint. It was loaded with information, suggestions, and all kinds of helpful commentary. My favorite part is Margaret's affirmations, all of which are precise and worth noting. I would highly recommend this book to anyone seeking either an initial, or a deeper understanding of

psychic/spiritual issues.

I purchased this book for a yoga instructor friend who is studying crystals, healing and chakras. I ended up taking a peek and it inspired my own small crystal meditation ritual. I can't wait to borrow the book and dive deeper...it seems to be a great guide for the beginner.

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